GINGER TABLETS

(Heart Tonic)

Each Tab Contains Ginger (Zingiber Officinale) : 300mg

Ginger, originated from China and then spread out to India, South East Asia, West Africa, and the Carribean countries, has been used for almost a century.

Ginger is famous for its numerous properties. It is very good for stomach and effective digestive aid : it helps alleviating indigestion, gas trouble, diarrhea, stomach cramps and treats nausea.

Ginger has also anti inflamatry properties that help in reducing body and joint pain and swelling due to arthritis, rheumatisms and muscle spams.

It also has therapeutic properties that are used to stimulate blood circulation, remove toxins and nourish the skin.

Ginger is used in treating bronchial asthma and other respiratory disorders. **Ginger** helps in loosening phlegm from the lungs. It is of great relief to cold symptoms and also good in headache due to cold. It also fights body odour.

Among the numerous benefits, this hot spice is a powerful heart tonic as it has a blood thinning effect.

Ginger also slows the production of triglyceride and LDL (bad) cholesterol in the liver and guards against heart attack.

Recommendation :

2 tablets daily with fresh water after lunch and dinner.

Packing- 60 tablets of 300mg

Contra indication :

not to be used in pregnancy and during breast feeding without consulting your Ayurvedic Physician.

People taking blood thinners, insuline or diabetes medications, should consult his/her healthcare professional before taking ginger tablets on a regular basis.

: Manufactured in india by :

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